

The Nature Conservancy of Hawai'i  
Moloka'i Program  
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Dear Nature Enthusiast,

Thank you for your interest in the Molokai Preserves. Guided hikes occur monthly at Kamakou (rainforest, Pepeopae boardwalk) and Mo`omomi Preserves (sand dunes). You must call or email The Nature Conservancy's Molokai office to make reservations. There is a hike fee of \$25.00 for each participant. To secure reservations, a refundable \$25.00 deposit is required. The deposit will be forfeited if you do not notify us of any cancellation within 48 hours of the hike.

Pick up time at the Molokai Airport baggage claim area is at 8:30 a.m. for both hikes. Return time is approximately 4:00 p.m. for the Kamakou hike and 2:30 p.m. for the Mo`omomi hike. If you have your own 4-wheel drive vehicle, you are welcome to tag along and join the hike free of charge. There is a limit of one additional vehicle per hike so please contact the office in advance to arrange to do this.

Everyone participating on the hikes must sign a hike waiver. **Note: The four wheel drive roads to the preserves are rough and bumpy. These trips are not recommended for people with bad backs.** Both hikes are moderately difficult. The Kamakou hike is approximately 3 miles round trip. The boardwalk is about 8 inches wide, slippery in some areas, and not recommended for those who have difficulty balancing on a narrow path. The Mo`omomi hike is approximately 2 miles round trip. The preserve is located along the northwest coastline of Molokai and it can get very hot. This trail runs along the beach and is not recommended for people that have difficulty walking on the sand. Please keep in mind that the preserves are in remote areas and bring along any medication that you may need (i.e. allergy, asthma).

All participants are asked to bring a sack lunch and water. Shoes with tread are recommended for both hikes. Please clean shoes and gear of dirt and non-native (introduced) plant material before arriving on the island. For the Kamakou hike, wear long pants and shoes and bring rain gear. For the Mo`omomi hike you may wear either pants or shorts. Sunscreen and a hat are recommended.

I look forward to seeing you on Molokai.

Mahalo,

Candy Pedro  
Operations Specialist  
Email: [hike\\_molokai@tnc.org](mailto:hike_molokai@tnc.org)

**Kamakou Hike dates: 2008** – Jan 5, Feb 9, Mar 1, Apr 5, May 3, Jun 7, Jul 12, Aug 2, Sept 6, Oct 4, Nov 1, Dec 6

**Moomomi Hike dates: 2008** – Jan 12, Feb 23, Mar 15, Apr 12, May 10, Jun 21, Jul 26, Aug 23, Sept 20, Oct 18, Nov 15, Dec 13